



Exhibitions in 2021-22

Exhibitions and related public programs at the Art Center this past year showcased themes of inclusion and healing, **engaging 16,270 audience members.**

Exhibitions Presented:

Fall: *The Art of Disability Culture*
September 11-December 11, 2021

Winter and Spring: *Creative Attention: Art and Community Restoration*
January 20-May 21, 2022

Summer: *RESTART*
June 25-August 20, 2022

This year, the Art Center also presented *Creative Attention*, an initiative that included an exhibition, **2** artist residencies, **30** free virtual meditation sessions, **12** art therapy workshops with community partners such as Dreamcatchers, Stevenson House and Palo Alto Housing for low-income seniors, nonprofit workers, and East Palo Alto families, in addition to other free public programs. Responses to the program demonstrated its impact on showcasing the connections between art and healing.

As a result of the project, participants saw the Art Center as community-focused and a resource for well-being and healing. Many *Creative Attention* participants did see art as a way to connect with others, reduce stress, and support wellness. Over half of *Creative Attention* exhibition or program participants indicated that they continued to participate in activities using art to promote wellness or self-care.

What artists and visitors say:

"...even the curation was thoughtfully accessible, with audio and braille explanations of the art in addition to the usual written plaques."

—visitor

"The powerful and universal nature of art and the impact it has for others - both creator and observer."

—visitor

"I have long loved the Art Center and the shows you mount. The printmaking, metalsmithing and some of the larger scale sculpture shows have stood out for me. I brought my students a couple times and we had some enlightening discussions because of the variety of different individual and cultural perspectives they brought in."

—exhibiting artist

The Art Center's acclaimed exhibitions bring the work of both emerging and professional artists to the community. Our thought-provoking exhibitions feature works of high aesthetic quality and craftsmanship, produced in a wide range of artistic media. Learn, discover, and be inspired! With free admission and a welcoming atmosphere, our shows offer something for everyone.